

**GUJARAT NATIONAL LAW UNIVERSITY
GANDHINAGAR**

Course: Human Growth and Development
Semester-III (Batch: 2014-19)

End Semester Examination: Oct-Nov. 2015

Date: 2nd November, 2015

Duration: 3 hours

Max. Marks: 50

Instructions:

- Read the questions properly and write the answers in the given answer book.
- The respective marks for each question are indicated in-line.
- Do not write any thing on the question paper.
- Indicate correct question numbers in front of the answers.
- No questions or clarifications can be sought during the exam period, answer as it is, giving reason, if any.

Part-A

Answer any four of the following questions

Marks
(4x10
=40)

- Q.1 Discuss the relevance of Social Work practice across the stages of human growth and development.
- Q.2 Adolescent's stage is very important in human growth and development. Describe the physical and psychological growth and its influence on social and personal development.
- Q.3 Has increased access to employment opportunities, financial independence and educational attainments enabled women in India to exercise their reproductive rights and ensuring the health and well-being?
- Q.4 Outline Erikson's eight developmental stages over the life span. Take any of the five stages and explain in detail.
- Q.5 Write short note on
(a) Protection of Children from Sexual Offences Act, 2012
(b) Experimental research design

Part-B

(10)

- Q.6 Read the following fact and answer the questions:

Trisha (age 14) is the eldest of her widowed father's three children. She is her father's primary carer, as he has chronic mental health and alcohol-related problems. Trisha is a strong student, along with providing most of her younger brother's care and support. She wants to be a doctor when she grows up, and to care for children in Africa.

You have found Trisha sobbing in the doorway of her father's apartment building. She came home with news that she won a distinction for an essay she wrote for a competition at school. She came home expecting to enjoy sharing her good news with her father, and to have a celebration. Instead, she found him unconscious by drinking all

day, and her two younger brothers have gone into her room to play with her music system, leaving her room a shambles. She is weeping and instating that nothing she does is ever good enough to make a difference, and that she might as well give up school, as she will never be able to finish or go to university, or become a doctor.

- (i) What is Rational-Emotive Behavioural Therapy (REBT)? Explain.
- (ii) Using REBT perspective, identify the following
 - (a) What could be identified as an A-B-C-D-E pattern for Trisha?
 - (b) What are some of the irrational beliefs that could influence her feeling?
 - (c) What are some ways of approaching cognitive restructuring that could serve to empower Trisha to focus on her own self-worth and development?
